

- Is your Club listed in the Directory of Athletics and Running Clubs?
- League Tables for T & F, Road Running, XC, Walks and Fell Running
- Easy navigation from Club to Club and County to County
- A safe environment regulated by Club's own Administrators
- This website takes no sponsorship, receives no funding, & requests no funding

## OBJECTIVES

- To increase the membership of voluntary athletics and running clubs.
- To promote participation in the championship competitions.
- To promote and support inexpensive competition at a local level.
- To assist clubs, officials, coaches, athletes, competition organisers & helpers in networking.
- To promote the highest standards and values in all aspects of the sport, and sportsmanship.

## Championship Points Table

Claim your championship points, and check out the league tables which are automatically generated.

POINTS TABLE	U15	U17	U20	U23	Sen
County Championships Gold:	1	2	2	-	3
*Regional Championships Gold:	4	5	6	-	7
*Regional Championships Silver:	3	4	5	-	6
*Regional Championships Bronze:	2	3	4	-	5
AAA's T&F Champs Gold:	6	7	8	9	12
AAA's T&F Champs Silver:	5	6	7	8	11
AAA's T&F Champs Bronze:	4	5	6	7	10
National XC Champs Gold:	6	7	8	-	12
National XC Champs Silver:	5	6	7	-	11
National XC Champs Bronze:	4	5	6	-	10
CAU Inter County T&F Gold:	-	-	-	-	10
CAU Inter County T&F Silver:	-	-	-	-	9
CAU Inter County T&F Bronze:	-	-	-	-	8
CAU XC Champs Gold:	6	7	8	-	12
CAU XC Champs Silver:	5	6	7	-	11
CAU XC Champs Bronze:	4	5	6	-	10
ARC Road Running Champs Gold:	-	-	-	-	10
ARC Road Running Champs Silver:	-	-	-	-	9
ARC Road Running Champs Bronze:	-	-	-	-	8
	Jun	Int	Sen		
English Schools Champs Gold:	6	7	8	-	-
English Schools Champs Silver:	5	6	7	-	-
English Schools Champs Bronze:	4	5	6	-	-

Any user can claim club points if it was a fellow club member who won the medal.

Medal winning Athletes can claim points for themselves and their club.

Coaches may only claim coaching points once the medal winner has claimed the athlete points. Coach points will be released at the discretion of the medal winning athlete who may not change this decision in the future.

Coaches will be ranked in a league table on the basis of points released by the medal winning athletes.

\* Regional Champs: Midlands, Northern and Southern Championships plus the National Championships of Northern Ireland, Scotland & Wales

This web site is being developed over the next 3 years as a community of athletics and running clubs. We believe that athletics can only thrive in the UK by supporting traditional grass roots activities, which means supporting the counties, and clubs like yours at a local level. Individuals can only participate in this community by registering with their athletics or running club via the directory of clubs at:

<http://www.british-athletics.co.uk/clubs>